



Fiji Islands Discovered

Itinerary 2017-2018



Day 1:

Flight to Nadi.

You will be met at Nadi International Airport by our friendly VESA staff member who will be easily recognisable in their VESA t-shirt and will be holding a sign. Please ensure that whatever your flight arrangements, you will be at the international arrivals hall at the time of the group flight arrival. We will be transported by coach to our hostel where you can spend the evening 'acclimatising' over dinner and getting to know your fellow volunteers. Overnight at hostel.

Day 2:

You will have breakfast at the hostel, after which we head off to our village by coach. Upon arrival, you will be introduced to your host family, and then to the village in a traditional welcoming ceremony.

Day 3-8:

To begin your volunteer work, you will be split into groups to undertake the following: working with children in the village school teaching English and basic sanitation, renovating and revitalising the facilities with fresh coats of paint, installing new play equipment and the construction and installation of bathrooms and water catchments. Coach to the port of Denarau.

A typical day volunteering goes a little like this:

- 8am – Breakfast
- 9am – Begin Volunteer work
- 12.30pm – Lunch
- 1pm – continue volunteer work
- 4pm – End of work day
- 4.30pm – Free time and activities
- 7pm – Dinner
- 8pm – Free time and activities

VESA retains the right, as per our Terms and Conditions to alter this itinerary at any time

Day 8-9: Island Adventure

Overnight coach to the port of Denarau, then embark on a beautiful boat ride to Nacula Island. Our days are spent on the beach, in hammocks, playing volleyball, snorkeling and doing optional kayaking or hiking trips. You can also visit the caves & blue lagoon. At night, we will have some fun & games lined up... While you're here, you can do as little or as much as you like!

Day 10-11: Cruise to Korovou Island Resort - long live island life! Swim in the pool, hang by the bar, get a game of volleyball or crab racing going, chill in the hammocks... Korovou is also your chance to try Scuba Diving (optional, see below). Spend the morning snorkeling with the manta rays or at the coral gardens with the reef sharks! Trek to honeymoon beach or just relax by the pool for the day.

Day 12: Head to Bounty Island in the Mamanuca Island group. Experience snorkelling among the most beautiful reefs in Fiji.

Day 13: This is our last day on the islands and you will have a number of activities to choose from: kayaking, snorkelling, paddle boarding... Transfer to the mainland for flight home, or stay on at Bounty Island for our add-on week 'A Week in Paradise' and be a part of the marine conservation project!

Day 14: Last minute shopping in Nadi town or relax by the pool then transfer to the airport for you flight.

Accommodation:

2 nights

Nadi Bay Hostel in dorm style accommodation separated into male female
Electricity, full bathrooms, bed linen, phone cards and internet available in the town. Close to shops and medical clinics

6 Nights Fijian family home stay

All meals

Room shared with one or two other same gender volunteers. Drinking water where necessary, limited electricity, communal toilets, river, no internet, no phones

2 nights Nacula Island – Nabua Lodge

2 nights Korovou Island Resort

1 night Bounty Island

All Meals

Dorm accommodation, linen, full bathrooms, no phones, credit card facilities

Change your life by changing someone else's

Inclusions

- **All meals**
- **All accommodation.**
- All **volunteer materials** and local builders/assistants.
- **Drinking water**- where necessary.
- All in country **transportation.**
- All **activities** except where indicated as optional.

Optional extras (approx prices only)

- A Week in Paradise – Marine conservation Project
7 nights/7 days AUD\$899/NZ\$999 (after program)
- Jet ski 15min \$85FJD
- Banana Boat \$20FJD
- Sky diving – half day \$\$525FJD
- Sawailau Cave Trip \$50.00
- Scuba Diving \$150FJD or \$195FJD – (experienced or intro)