



Southeast Asia Encountered - Laos Itinerary 2019

Day 1:

Flight to Vientiane

Day 2:

Upon arrival in Vientiane, you will be met by our local VESA team, easily recognisable with their VESA shirts and signs. Whatever your travel arrangements, please ensure you are at the international arrivals halls at the time of the group flight arrival. From here, you will be transported by minivan to Dream Home Hostel where you will spend your first night

Day 3:

Head to the Elephant Conservation Centre in the Nam Tien Protected Area, Sayaboury Province. This will be your home for the duration of your volunteer week.

Day 4 - 9:

These will be your volunteering days! You will be split into two groups and work on a rotation:

The daily schedule will run as follows:

07:30 am - Breakfast

08:30 am - Begin volunteer work

12:30 pm - Lunch

01:00 pm - Continue volunteer work

04:00 pm - End of work day

04:30 pm - Free time & activities (kayaking, swimming, lounging on a hammock...)

07:00 pm - Dinner

08:00 pm - Free time/activities

Following your last day of work, you will depart immediately for Luang Prabang, a UNESCO World Heritage town where we begin our adventure tour! Dinner will be upon arrival in Luang Prabang.

Our adventure week is packed with activities for you to discover what makes Laos such a special place:

Day 10:

- A full-day city tour of Luang Prabang, markets, museums, temples, and a stunning climb up Mt. Phusay
- A pool & pizza party at La Pistoche

Day 11-12:

A visit to the Living Land Rice Farm followed by a visit to the Kuang Si Waterfall and bear sanctuary run by the Free the Bears Foundation or a scenic bike ride through the countryside for a kayak trip downriver past rural villages and elephants!

Day 12-14:

We spend the next few days in Laos' adventure capital, Vang Vieng, and the schedule is just as busy.

- The Blue Lagoon awaits you with its crystal-clear turquoise water, chill-out booths and zip-lining.
- See Vang Vieng from above in the optional sunset hot-air balloon tour!
- Experience the karst limestone mountain scenery, trek through rice paddies and cool off by tubing inside a cave. Kayak and tube down the beautiful Song River back to Vang Vieng.

Day 15:

Transfer by coach from Vang Vieng to Vientiane for your flight home or onward travels!

Inclusions

- Breakfast lunch and dinner on all days except for the free day.
- All accommodation.
- All volunteer materials and local builders/assistants.
- Drinking water where necessary.
- All in country transportation.
- Entry to temples, palaces etc.
- All activities except where indicated as optional.

Accommodation:

1 night- Sihome Backpackers- Vientiane

6 nights- Sayaboury Elephant Conservation Centre (ECC)

3 nights- Khammanay Guesthouse - Luang Prabang

3 Nights- Alisson Guest House - Vang Vieng

All meals except on free day

Hostel Accommodation

Electricity, full bathrooms and laundry facilities.

Internet available at reception in Luang Prabang and Vang Vieng. Bed linen and mosquito nets provided

Elephant Conservation Centre

Dorm accommodation separated into male/female. Some doubles available. Full bathrooms. Internet available in case of emergencies. Electricity available until 9.30pm. Bed linen and mosquito nets provided. Refrigeration for medication available.

Optional extras (approx. prices only in USD)

- Hot Air Ballooning \$80
- Zip lining \$28