



Amazonas Explored Itinerary 2017-2018



Day 1

Arrive Quito

You will be met at Quito International Airport by our friendly VESA staff member who will be easily recognisable in their VESA t-shirt and will be holding a sign. Please ensure that whatever your flight arrangements, you will be at the international arrivals hall at the time of the group flight arrival. We will be transported by private overnight coach to Misahualli.

Day 2

This is a day for acclimatisation and a full briefing from our Ecuador staff on your upcoming volunteer work and jungle trek. Enjoy a free day – meet the monkeys, get to know your fellow volunteers and hang out in the town square.

Day 3-7 or Day 8-12:

You will be broken up into two groups. One will begin their volunteer week and the other will head off into the jungle for the trek. At the end of the week you will swap over. (Day 14 you will transfer by private coach to Banos).

Volunteering:

You will be split into groups to undertake the following: working with children in the village school teaching English and basic sanitation, renovating and revitalising the facilities with fresh coats of paint, installing new play equipment and the construction and installation of bathrooms and water catchments for the village homes.

A typical day volunteering goes a little like this:

- 7am – Breakfast
- 8am – Begin Volunteer work
- 12.30pm – Lunch
- 1pm – continue volunteer work
- 4pm – Finish
- 4.30pm – Free time and activities
- 7pm – Dinner
- 8pm – Free time and activities

Jungle Adventure:

Accompanied by our specialist guide and biologist you will begin the jungle trek by motor canoe to the start of the first day's hike. Discover all the plants and animals that make this part of the world so special.

Continue your trek by tubing down the river to the jungle lodge where we will spend the next three nights. During this time you will visit the plantation of an indigenous family, pan for gold by the river and take a night canoe ride - a Tribal Shaman will demonstrate his traditional skills.

Enjoy fishing, swimming, campfires and hiking through some spectacular jungle. Visit Amazonico animal rescue centre and see some local crafts people at work. Full day of white water rafting with a picnic lunch.

Day 13:

Transfer to Banos for sightseeing, check out the Tungurahua volcano and visit to the famous hot springs.

Day 14:

Full day in Banos and then transfer overnight to Quito for your flight home or depart for **the Road less Travelled** extension tour from Andes to coast.

Inclusions

- **All meals** except Free Day/Banos farewell dinner.
- **All accommodation.**
- All **volunteer materials** and local builders/assistants.
- **Drinking water** where required.
- All in country **transportation.**
- All **activities** except where indicated as optional.

Optional extras (approx prices only)

- The Road Less Travelled 9 nights/10 days AUD\$999/NZ\$1050
- Puenting (bridge jumping) US\$20
- Tree house swing at the 'End of the World' US\$15.

Accommodation:

8 nights

Hostel Shaw Misahualli in dorm style accommodation separated into male female
Electricity, full bathrooms, bed linen, mosquito netting, pay phones and internet available in the town. Close to shops and medical clinics.

All meals

3 Nights Jungle Lodge

Full bathrooms, electricity, linen, pillows, drinking water, mosquito nets

All meals

1night Hotel Chiminea, Banos

Linen, full bathrooms, electricity, pool, spa

Breakfast included

Change your life by changing someone else's