



Amazonas Explored

Itinerary 2019



Day 1:

Flight to Quito. You will be met at Quito International Airport by our friendly VESA staff member who will be easily recognisable in their VESA t-shirt and will be holding a sign. We will be transported by private coach to Misahualli where you will enjoy a light meal.

Day 2:

This a day for acclimatisation and a full briefing from our Ecuador staff on your upcoming volunteer work and jungle trek. Enjoy a free day – meet the monkeys, get to know your fellow volunteers and hang out in the town square.

Day 3-7 or Day 9-13:

You will be broken up into two groups. One will begin their volunteer week and the other will head off into the jungle for the trek. At the end of the week you will swap over.

Volunteer schedule

- Construction and installation of eco-friendly bathroom/toilet blocks for families in the community
- Working with children in the village school teaching English and basic sanitation
- Renovating and revitalising the school facilities with fresh coats of paint and installing

08.00am – Breakfast

08.30am – Canoe to village

09.30am – Commence volunteer work day

12.00pm – Lunch

12.00pm – Continue volunteer work

04.00pm – End of work day

04.30pm – Scheduled Afternoon activities - tubing, waterfalls, nature hikes etc

07.00pm – Dinner

08.00pm – Free time and activities

Change. Made by you.

Travel Responsibly

Day 3-7 or Day 9-13:

Jungle Adventure:

Accompanied by our specialist guide and biologist you will begin the jungle trek by motor canoe to the start of the first day's hike deep into the Amazon Basin.

During your days in the jungle you will be staying in a remote jungle lodge:

- visit the plantation of an indigenous family
- pan for gold by the river
- take a night canoe ride
- see a Tribal Shaman demonstrating his traditional skills
- enjoy fishing, swimming, campfires and hiking through some spectacular jungle.
- visit AmaZOOonica animal rescue centre
- see local crafts people at work.
- overnight in a jungle lodge
- experience a full day of white water rafting with a picnic lunch.

Day 13-14:

Andes Adventure:

You will be transported high into the Andes Mountains to cool off in the beautiful town of Baños.

- Take a Chiva party bus up to 3600 metres to see Tungurahua's volcanic activity
- Go ziplining or dare try the famous tree swing at the end of the world
- Buy some local handicrafts – perfect for gifts back home
- Grab a massage or visit the relaxing hot springs
- Horseback riding

Day 15:

Day tour of Quito or early transfer to the airport (dependent on your flight schedule). ☺ Beginning of 'The Road Less Travelled' Ecuador tour.

*There are no banks/ATMs or credit card facilities in Misahualli - \$US cash only
VESA retains the right, as per our Terms and Conditions to alter this itinerary at any time.

Inclusions

- All meals except Banos free day.
- All accommodation.
- All volunteer materials and local builders/assistants.
- Drinking water where required
- All in country transportation.
- All activities except where indicated as optional.

Optional extras (approx. prices only)

- The Road Less Travelled 9 days/8 nights
CAD\$999/US\$899/£599/€699 (After program)
- Tree House Swing US\$20
- Puenting (bridge jumping) US\$20
- 1 Hour Massage US\$20

Accommodation:

9 nights

Hostel Shaw in dorm style accommodation separated into male female

Electricity, full bathrooms, bed linen/pillow, mosquito netting. Pay phones and internet available in the town. Close to shops and medical clinics.

All meals

3 Nights Jungle lodge

No electricity, no showers, toilets available.

Mosquito netting, linen, pillows and drinking water supplied

All meals

1 night Hostel Backpackers, Banos

Linen, full bathrooms, electricity, pool, spa

No Meals